

REGISTRATION FORM

ATHLETES NAME _____ AGE _____ SESSION/TIME _____

PHONE NUMBER _____ ADDRESS _____

CITY _____ ZIP _____ E-MAIL _____

I, _____, PARENT OR LEGAL GUARDIAN, HEREBY RELEASE NEXTLEVELKC AND ALL ASSOCIATES, EMPLOYEES, VOLUNTEERS, OFFICIALS AND AGENTS ASSOCIATED WITH THIS PROGRAM, SUMMIT STRENGTH, AND CORNERSTONE CHURCH FROM ANY CLAIMS, LIABILITIES, LOSS OF SERVICES, AND CAUSE OF ACTION OF ANY KIND FOR PERSONAL INJURY INCLUDING DEATH AND PROPERTY DAMAGE ARISING IN ANY WAY OUT OF PARTICIPATION. I ASSUME FULL RESPONSIBILITY FOR ANY INJURIES OR DAMAGES WHICH MAY OCCUR IN, ON, OR ABOUT THE PREMISES OF SUMMIT STRENGTH, OR CORNERSTONE CHURCH, FACILITIES, AND I FULLY AND FOREVER RELEASE AND DISCHARGE NEXTLEVELKC, ITS EMPLOYEES AND AGENTS FROM ANY AND ALL CLAIMS, DEMANDS, DAMAGES, RIGHTS OF ACTION OR CAUSE OF ACTION, PRESENT OR FUTURE, WHETHER THE SAME BE KNOWN, ANTICIPATED OR UNANTICIPATED, AND WHETHER THE SAME BE CAUSED BY NEGLIGENCE OF THE NEXTLEVELKC, ITS EMPLOYEES OR AGENTS, OR BE OTHERWISE CAUSED (BUT NOT INCLUDING INTENTIONAL TORTS OR GROSS NEGLIGENCE) RESULTING FROM OR ARISING OUT OF THE USE OR INTENDED USE OF SAID NEXTLEVELKC FACILITIES AND EQUIPMENT THEREOF. MY SON/DAUGHTER IS FULLY COVERED BY OUR PERSONAL FAMILY HEALTH PLAN IN THE EVENT OF SICKNESS OR INJURY. NEXTLEVELKC RESERVES THE RIGHT TO UTILIZE IMAGES AND/OR PICTURES OF ALL PROGRAM PARTICIPANTS FOR FUTURE NEXTLEVELKC PUBLICATION AND PROMOTIONS.

SIGNATURE OF PARENT OR LEGAL GUARDIAN _____ DATE _____



OUR MISSION

WE ARE DEDICATED TO POSITIVELY IMPACTING THE LIVES OF ATHLETES THROUGH A COMPREHENSIVE ATHLETIC PERFORMANCE TRAINING PROGRAM. OUR TRAINING SESSIONS FOCUS ON IMPROVING TECHNIQUE AND FUNDAMENTAL MOVEMENTS FOR SPEED, STRENGTH, AND CONDITIONING. OUR GOAL IS TO CHALLENGE THE ATHLETE MENTALLY AND PHYSICALLY WHILE DEVELOPING EXPLOSIVE SPEED, QUICKNESS, AGILITY, FLEXIBILITY, AND STRENGTH. IN RETURN YOU WILL SEE AN INCREASE IN CONFIDENCE AND IN THEIR LOVE OF THE GAME.

CONTACT INFORMATION

NEXT LEVEL KC
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VISIT US AT 



SPEED & AGILITY CAMPS
FALL-WINTER 2008
WINTER-SPRING 2009



NEXTLEVELKC.COM

SPEED AND AGILITY | STRENGTH AND CONDITIONING
CHARACTER DEVELOPMENT | SPORTS SPECIFIC TRAINING

FALL-WINTER 2008

CAMP
1

OCTOBER 7 - OCTOBER 30

TUESDAY AND THURSDAY

JUMP START AGES 9-11

500PM-600PM

TOTAL PERFORMANCE AGES 12-14

600PM-700PM

TOTAL PERFORMANCE II AGES 14-18

700PM-800PM

CAMP
2

NOVEMBER 4 - NOVEMBER 24

TUESDAY AND THURSDAY

JUMP START AGES 9-11

500PM-600PM

TOTAL PERFORMANCE AGES 12-14

600PM-700PM

TOTAL PERFORMANCE II AGES 14-18

700PM-800PM

CAMP
3

DECEMBER 2 - DECEMBER 18

TUESDAY AND THURSDAY

JUMP START AGES 9-11

500PM-600PM

TOTAL PERFORMANCE AGES 12-14

600PM-700PM

TOTAL PERFORMANCE II AGES 14-18

700PM-800PM

WINTER-SPRING 2009

CAMP
1

JANUARY 6 - JANUARY 29

TUESDAY AND THURSDAY

JUMP START AGES 9-11

500PM-600PM

TOTAL PERFORMANCE AGES 12-14

600PM-700PM

TOTAL PERFORMANCE II AGES 14-18

700PM-800PM

CAMP
2

FEBRUARY 3 - FEBRUARY 26

TUESDAY AND THURSDAY

JUMP START AGES 9-11

500PM-600PM

TOTAL PERFORMANCE AGES 12-14

600PM-700PM

TOTAL PERFORMANCE II AGES 14-18

700PM-800PM

CAMP
3

MARCH 3 - MARCH 26

TUESDAY AND THURSDAY

JUMP START AGES 9-11

500PM-600PM

TOTAL PERFORMANCE AGES 12-14

600PM-700PM

TOTAL PERFORMANCE II AGES 14-18

700PM-800PM

CAMP
4

MARCH 31 - APRIL 23

TUESDAY AND THURSDAY

JUMP START AGES 9-11

500PM-600PM

TOTAL PERFORMANCE AGES 12-14

600PM-700PM

TOTAL PERFORMANCE II AGES 14-18

700PM-800PM

CAMP
5

APRIL 28 - MAY 21

TUESDAY AND THURSDAY

JUMP START AGES 9-11

500PM-600PM

TOTAL PERFORMANCE AGES 12-14

600PM-700PM

TOTAL PERFORMANCE II AGES 14-18

700PM-800PM

PRICING PER CAMPER

SPEED AND AGILITY TRAINING

FEE 4 (1) HOUR SESSIONS-\$49
8 (1) HOUR SESSIONS-\$89

LOCATIONS

EVENING SPEED AND AGILITY

SUMMIT STRENGTH
800 NW MAIN STREET
LEES SUMMIT MO 64086

SIGN UP TODAY,
SPACE WILL BE LIMITED,
16 PARTICIPANT MAX PER TIME SLOT

FLIP OVER FOR REGISTRATION FORM